

Megan R. Prescott, LCSW, APHSW-C, HEC-C

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Education

2012-2013 Foundational Program, Institute of Life Coach Training

2000-2002 **Master of Social Work, CSU, Long Beach**

1996-1999 Bachelor of Science in Sociology, CSU, Fullerton

Certifications

AHPSW-C – Advanced Palliative and Hospice Social Work Certification, 2020

HEC-C – Healthcare Ethics Consultant Certification, 2019

Conflict Resolution and Clinical-Setting Mediation for Healthcare, 2017

Summer Seminar in Healthcare Ethics, University of Washington School of Medicine, 2016

BCC - Board Certified Coach, 2014 (inactive)

Symptom Targeted Intervention (STI) Certified Trainer, 2014

Explore Transplant Master Trainer, 2012

NSW-C - Certified Nephrology Social Worker, 2012

Certified in Facilitating Cancer Support Groups, March 2002

Certified in Anger Management Group Facilitation, January 2001

Licensure

Licensed Clinical Social Worker, Department of Regulatory Agencies, CO – April 2007

Licensed Clinical Social Worker, Board of Behavioral Sciences, CA (inactive) – August 2006

Experience

CLINICAL SOCIAL WORKER | UCH PALLIATIVE CARE CONSULT SERVICE | MAY 2018 - CURRENT

Provides a psychosocial support and clinical social work services to palliative care service patients through direct counseling and collaborative visits. Assists in facilitating values-based goals of care discussions, advance care planning conversations, and transitions of care, all through a palliative care lens. Provide assessment, counseling and social work services patients in an inpatient setting to maximize adjustment and psychosocial functioning, including family role, vocational, financial and emotional. Regularly assess mood and coping, and provide brief therapy to address mood

disturbance (depression, anxiety, distress, insomnia, etc.) utilizing CBT, crisis intervention, biofeedback, psychoeducation, etc. Utilize stages of change and MI to help patients set goals and maximize treatment outcomes. Maintain detailed chart notes on patients directly seen. Collaborate and serve as a resource for primary social worker team members working with PCCS patients on other units in the hospital. Work as part of multidisciplinary team to coordinate care planning and continuous quality improvement. Share in teaching responsibilities with the team for learners. Provide education to hospital staff and other disciplines.

ETHICS CONSULT TEAM LEAD | UCH | APRIL 2016– CURRENT

Provide ethics consultation coverage, participate in consult service activities including those involving administrative oversight, training for new consultants and QI processes. Participate in regular clinical ethics rounds and programing development for unit-based education and support support; attend CEU activities relevant to advancing her knowledge and consultation skill sets; participate in data gathering, report generation, process effectiveness and efficiency to improve the quality of consultation services provided; attend monthly consult subcommittee meeting of the ethics consult service (a subcommittee of the Ethics Committee); participate in QI projects; and contribute to the planning and execution of Hospital Ethics Grand Rounds, the annual UCH Ethics Retreat and other opportunities for system education.

CLINICAL SOCIAL WORKER | UCH ACUTE AND HOME DIALYSIS | NOV 2007 – 2018

Provide assessment, counseling and social work services to hemodialysis patients in an outpatient setting to maximize adjustment and psychosocial functioning, including family role, vocational, financial and emotional. Regularly assess mood and coping, and provide brief therapy to address mood disturbance (distress, insomnia, etc.) utilizing CBT, crisis intervention, biofeedback, psychoeducation, etc. Utilize stages of change and MI to help patients set goals and maximize treatment outcomes. Provide referrals to resources for rehabilitation, insurance coverage and other services and community resources as needed. Work as part of multidisciplinary team to coordinate care planning and continuous quality improvement. Education and program development for kidney patients and other renal professionals. Provide education and clinic placement for newly diagnosed ESRD patients. Assist with regulatory compliance. Design and implement new PPS program for Depression Screening.

MEMBER | UCH ETHICS CONSULT SERVICE | 2013 – CURRENT

MEMBER | UCH ETHICS COMMITTEE | 2011 – CURRENT

Skills & Abilities

- Excellent clinical intuition, listening skills, experience with DSM diagnosis
- Experience with the full spectrum of issues that individuals and families face surrounding chronic and life-threatening illness
- Skilled at working effectively with and supporting interdisciplinary teams
- Comfort with emotionally charged situations – trained in conflict resolution and skilled at working effectively with challenging patient personalities
- Adept public speaker, meticulous clinical documentation
- Proven ability to establish and maintain relationships with community partners
- Professional, hard-working, culturally sensitive, compassionate, flexible, motivated

Leadership

- Moral Resilience Program Instructor, 2021.
- National Kidney Foundation Council of Nephrology Social Workers CME Review Board, 2017 to 2018.
- National Kidney Foundation Spring Clinical Meetings, Washington, D.C., Social Work Program Committee. April 2012.
- Chair of Council of Nephrology Social Work: Rocky Mountain Chapter, 2007-2011.
- National Council of Nephrology Social Workers Executive Committee – Appointed Co-Chair of Publications, April 2007-2009 term. Chair of Publications, April 2009-2011.
- Editorial Board: Journal of Nephrology Social Work, 2005-2011.
- Project Assistant: FMC-NA Medicare Demonstration Project, depression screening section, Summer 2005.
- Kidney Community of Southern California: Website Design, www.kidney411.org. 2005.

Publications & Awards

- Renalink, “Professional Energy Preservation.” Fall/Winter, 2015. Volume 17.
- **Named “One of the 100 most influential and innovative clinicians in nephrology patient care.” by MEI, 2012.**
- **Recipient of the National Kidney Foundation of Colorado, Montana and Wyoming Social Worker of the Year Award, 2009.**
- Nephrology News and Issues, “Making the most of the Kidney Disease Quality of Life Survey (KDQOL).” September 2009.
- Journal of Nephrology Social Work, “Dialysis Dogs program implementation at Saint Joseph Hospital’s outpatient dialysis clinic: Animal assisted activity in the dialysis environment.” Summer, 2009.

- **Recipient of the National Kidney Foundation of Colorado, Montana and Wyoming Program Excellence Award, 2007.**
- Nephrology News and Issues, “Managing mental illness in the dialysis treatment environment: A team approach.” December 2006.
- Renalink, “First steps to decreasing Patient-Provider Conflict with Social Work Support.” Winter, 2006.
- Journal of Nephrology Social Work, “Harnessing Hope, Book Review, The Anatomy of Hope: How People Prevail in the Face of Illness, by Jerome Groopman, MD.” May 2006.
- Family Focus, “Emotional rehabilitation after the diagnosis of CKD.” Summer Issue, August 2005.
- Nephrology News and Issues, “The role of the nephrology social worker in team training for patient non-adherence.” Vol.18 no. 5, April 2004.

Lectures

- UCH Palliative Medicine Fellowship Didactic Series, “Beyond Balance: Resilience for Challenging Times”, December 2020.
- UCH Palliative Care Grand Rounds, “Managing Challenging Behavior Dynamics: An Empowerment Approach”. November 2020.
- APOA, “Ethical Issues in Advanced Cancer Therapies”, August 2020.
- SWHPN Virtual Summit, “Ethical Considerations in ECMO”, June 2020.
- UCH ECMO Training Course, “Ethical Issues in ECMO.” August 2019.
- UCH Palliative Medicine Fellowship Didactic Series, “Elevating Listening as a Core Skill.” September 2019.
- UCH Palliative Care Days, “Managing Personality Disorders in Healthcare Settings, A Team Approach.” October 2018.
- CHEF Conference, “Review of the Recent Literature: Ethics and the Vulnerable”, with Jean Abbott, MD. April, 2018
- CHEF Conference, “Managing Reflexive Responses to Challenging Patient Behavior”. April, 2018.
- UCH Ethics Retreat and Grand Rounds, “Resolving Conflict: Process, Skills and Possibilities for Ethics Consult Teams.” February 2018.
- UCH Ethics Grand Rounds, “Advance Directives: Headway or Hazard.” With Jean Abbott, MD. October 2017.
- CHEF Conference, “Gaining Patient Cooperation: Ethical Considerations Around Restraint, Coercion and Deception.” June 2017.
- UCH Ethics Grand Rounds, “Gaining Patient Cooperation: Ethical Considerations Around Restraint, Coercion and Deception.” March 2017.
- UCH Spiritual Care Department, Chaplain Resident Training. “Family Systems in the Medical Setting.” April 2015 - 2018. (Annual event)

- National Kidney Foundation Spring Clinical Meetings, Boston, MA. Preconference Workshop: “Building Skills to Manage the Most Difficult Patients as a Team.” April 2016.
- ADVICE Collaborative Meeting, Phoenix, AZ. Plan C: “Managing the most challenging patients in the dialysis treatment environment, a team approach.” June 2015.
- CNSW Rocky Mountain Chapter Summer Meeting, Denver, CO. “Managing mental illness in the dialysis treatment environment: A team approach.” August 2014.
- CNSW New Jersey Chapter Annual Spring Meeting (Jersey Jamboree), Brick, NJ. “A Day of Energy, Effectiveness and Purpose.” All-day Workshop, June 2014.
- National Kidney Foundation Spring Clinical Meetings, Las Vegas, NV. Keynote Address for Social Work Track. “Professional effectiveness: building energy, strategy & clarity of purpose for nephrology social work tools.” April 2014.
- National Kidney Foundation Spring Clinical Meetings, Washington D.C., “Managing mental illness in the dialysis treatment environment: A team approach.” April 2012.
- 2011 ANNA High Country Fall Meeting, Denver, CO. “Understanding and responding to depression in the presence of chronic kidney disease.” October 2011.
- Heartland Kidney Conference, Kansas City, Missouri. “Making the most of the KDQOL survey & expanding patient involvement in their care.” January 2011.
- National Kidney Foundation Spring Clinical Meetings, Orlando, Florida. “Effective use of the KDQOL with patients and teams.” April 2010.
- National Hospice and Palliative Care Organization Annual Meeting, guest presenter. “Barriers to access to hospice for dialysis patients.” September 2009.
- 2008 Social Work Day, New England Renal Social Workers, FNC-NA, guest lecturer. “Mental health issues in the dialysis environment.” May 2008
- National Kidney Foundation Spring Clinical Meetings, Dallas, Texas. Pre-Conference Workshop, Nephrology Social Work: An Outcomes-Driven Practice Model, guest lecturer. “Improving adherence behavior.” April 2008.
- CMS/ESRD Forum of Networks Meeting, 2008, guest lecturer. “Managing problematic patient situations in the dialysis treatment environment: A team approach to creating partnerships.” With Joe Merighi, MSW, PhD. February 2008.
- Heartland Kidney Conference and Annual Business Meeting, “Managing mental illness in the dialysis environment: A team approach.” January 2008.
- National Kidney Foundation of Georgia Nephrology and Transplantation Updates. “Managing mental illness in the dialysis environment: A team approach.” September 2007.
- National Kidney Foundation Spring Clinical Meetings, Orlando Florida. Pre-Conference Workshop, Nephrology Social Work: An Outcomes-Driven Practice Model, guest lecturer. “Improving adherence behavior.” April, 2007.

Additional Professional Experience

FOUNDER| HIGHLANDS COACH | 2012 – 2016

Private coaching practice, services include one-to-one coaching, consulting and speaking. Design and deliver educational programs for healthcare workers as live workshops, webinars, and independent study with emphasis on professional satisfaction and burnout prevention.

EXPLORE TRANSPLANT MASTER TRAINER | 2012 – 2015

Trained and certified by Explore Transplant founders in 2012 to conduct day-long program training for dialysis providers. Facilitated 19 provider trainings.

CLINICAL SOCIAL WORKER| FRESENIUS MEDICAL CARE, DENVER | 2006 – 2007

Provide counseling and social work services to hemodialysis patients in an outpatient setting to maximize adjustment and psychosocial functioning, including family role, vocational, financial and emotional. Provide referrals to resources for rehabilitation, insurance coverage and other services and community resources as needed. Work as part of multidisciplinary team to coordinate care planning and continuous quality improvement. Education and program development for kidney patients and other renal professionals to maximize treatment outcomes. Interviewed candidates for MSW position, trained new MSWs, and provided clinical supervision to LCSW candidates.

CLINICAL SOCIAL WORKER| ST. JOSEPH HOSPITAL RENAL CENTER | 2005 – 2006

CLINICAL SOCIAL WORKER| FRESENIUS MEDICAL CARE, SANTA ANA | 2002 – 2005

MASTERS (SW) INTERN| FOUNTAIN VALLEY REGIONAL CANCER CENTER | 2001-2002

Provide counseling under supervision to newly diagnosed patients and inpatients receiving treatment. Participated in Breast Cancer Support Group, support group for children of parents with cancer, and piloted first Colorectal Cancer Support group in Orange County.

MASTERS (SW) INTERN| LA CENTERS FOR ALCOHOL AND DRUG ADDICTION | 2000-2001

Worked with court mandated youth population (ages 12-18) under supervision. Provided one-to-one supportive counseling, facilitated Life Skills Group and piloted Anger Management Support Group.